



PARENT BULLETIN | 15TH NOVEMBER, 2024

SCHOOL NEWS

CLASS UPDATE

Hazel Class



In art this week, Hazel class used a range of media (different colours of tissue paper, PVA, paper) to demonstrate fireworks for Diwali and Bonfire Night.

MESSAGE FROM HEAD OF SCHOOL

Thank you to those who have sent in donations for the chocolate tombola and gifts stalls. Please keep these coming in, whether they come in with your child or are dropped into school, we are very grateful for everything that comes in. If anyone is interested in supporting us on the day of the Fayre in any way please let us know.

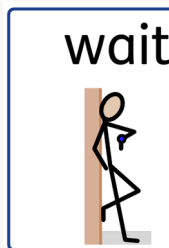
I have heard from a few parents that they are struggling with certain sizes of pads being out of stock at NRS. I'd be interested to know if this is a shared experience or if things are going well.

We will be joining in with the national Christmas jumper day on **12th December**. There is no expectation for students to wear one, but the option is there if they would like to wear one.

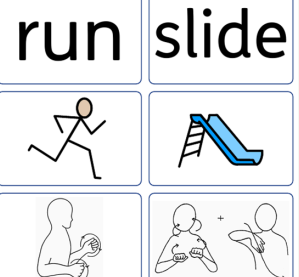
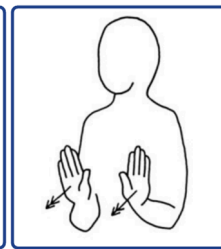
I know that you will have seen either Sensory Massage or Story Massage written in communications from class. I spent some time in a class this week joining in one of these sessions and I cannot tell how enjoyable it was for the adults, as well as the students. The session was after playtime and the students were very regulated after this and in a good place to carry on with class activities. There are lots of examples of this on YouTube if you ever want to try this at home.

Rhonda Gosney

SIGN OF THE WEEK



Core Word



Additional Words

WEEKLY BEHAVIOUR TIPS

NHS Oxford Health NHS Foundation Trust

Neuro Developmental Conditions Pathway

Challenging behaviour

Some children with ASD show more challenging behaviour (e.g. aggression towards others or property, hurting themselves, running away, screaming, eating non-edible items). Although these behaviours are often difficult to understand, they always have a purpose or function. Whilst there are many reasons young people with ASD show challenging behaviour, some of the most common reasons they show challenging behaviour are:

- To avoid or escape from stressful or anxiety provoking situations or demands
- To get help, support, or comfort from others
- To communicate that they are in pain
- To get access to things or activities they need or want

In order to reduce challenging behaviour and help a young person communicate more effectively it is essential that we first understand the purpose or function of their behaviour(s). It can be useful to keep a diary and record the behavioural incidents, using the questions listed below:

- Date, time and location of behaviour of concern.
- What did your child do? Try to provide as much detail as possible.
- What was happening in the hours or days before the behaviour that may have unsettled your child? (slow triggers).
- What was happening in the minutes or moments before the behaviour that may have unsettled your child? (fast triggers).
- What happened immediately after the behaviour of concern?
- Why do you think this behaviour of concern occurred?

Once you have completed a diary, carefully look for patterns that might explain why your child is showing the behaviour(s) you are concerned about. Once you have identified what the purpose(s) or function(s) of your child's challenging behaviour is/are, consider whether certain settings need to be adapted/avoided, how you can help your child cope and build their own coping skills in certain contexts/settings, and identify the positive behaviour(s) you want your child to show instead of the challenging behaviour (e.g. telling you they are anxious rather than hurting themselves) and reinforce this whenever possible.

What is the purpose or function of behaviour?

The page below from the national autistic society has more information on strategies to support parents when dealing with behaviours that are challenging:

<https://www.autism.org.uk/about/behaviour/challenging-behaviour.aspx>



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MASKS WINTER FYRE



The MASKS team are looking forward to welcoming you to the annual Winter Fayre!

If you have any unwanted gifts, bottles, sweets or chocolates you would like to donate towards the event, please bring them into the School Reception (please note that no cleaning products can be accepted).

We are also looking for help with manning stalls, setting up for the event and tidying away afterwards. If you are able to help us in any way, please complete this form: <https://forms.office.com/e/UyWsUgzK2U>, and the organisers will contact you with further details.

Thank you for your support.

A SPECIAL THANKS

A huge thank you to all the parents, carers, friends and families who supported our MASKS for MASKS Day by donating both money and chocolate goodies for the forthcoming 'MASKS Winter Fayre'.

We were delighted to receive a total of £166.60 which will be used to support the children in the Vale Federation schools.

Looking forward to seeing everyone at the 'MASKS Winter Fayre' on Saturday 30th November from 11-2pm.

The MASKS Trustees

CHRISTMAS MEAL

Thank you to those who have already completed their meal ordering form for the Christmas Meal. Details on how to sign up have already been sent via email - here is the link again: <https://forms.office.com/e/FFaScZeTcZ>.

A reminder that students will be enjoying their festive meal on Thursday **12th December 2024**, and all students who have ordered a meat or vegetarian school meal will have either a meat or vegetarian option, depending on the meal type originally ordered for that day.

For those who ordered the meat option (katsu chicken curry), this will automatically change to the meat Christmas lunch.

For those who ordered the vegetarian option (vegetable and quorn paella), this will automatically change to the vegetarian Christmas lunch.

Please note that Arbor will still show the original meal choice, but the meal will be the Christmas lunch.

The cost of the Christmas lunch remains the same as the usual lunch (£3.00), which is already in place for those who previously ordered a school meal for this day.

Please note that on this day, we will only be providing the Christmas lunch options. For those who ordered the option of a jacket potato or packed lunch and those who provide a packed lunch from home, you now have the option to change to either the meat Christmas lunch or vegetarian Christmas lunch. An email has been sent to those this applies to, with details of how to request this and the deadline for doing so.

Those students requiring special textured diets, will still have their originally ordered textured meal.

Whether you have ordered a school meal or not, we hope all students will enjoy Christmas lunch day!





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SCHOOL CALENDAR



Thursday 28th November

Panto – Cinderella (all day)

Saturday 30th November

MASKS Winter Fayre – at Booker Park School

Thursday 12th December

Christmas Lunch & Christmas Jumper Day

Thursday 19th December

Royal Latin School – Christmas Santa Visit

Friday 20th December

Last day of Term – Christmas Holidays

RSE TOP TIPS

Relationships & Sex Education



Safe people and 'stranger danger'

Instead of teaching children that all strangers are dangerous, focus on teaching your child who their safe people are. You could do this by making a photo book, titled 'My Safe People', for your child and read it regularly with them so that they become familiar with it. This can include people from both home and school who support your child on a regular basis.

USEFUL INFORMATION

Christmas on the Cobbles will be taking place on **Sunday 24th November** this year. The daytime activities are from 12pm until 4:30pm, where there are lots of ideas, games, crafts and activities across the town centre, all for free. Then, in the early evening, there is a busy, loud and fun light parade which ends with fireworks. For more information visit: https://www.aylesburytowncouncil.gov.uk/council_events/event-1/

A reminder that Buckinghamshire Council have a one off workshop for preparing for puberty, coming up next week **Tuesday 19th November, 6pm – 7pm** at Elmhurst Family Centre.

See below details for more information.



Preparing for puberty workshop for parents of young people with SEND



This one-off workshop will cover the topic of puberty. Brook's expert staff will equip you with simple tips and information to support these potentially tricky conversations.

The session will also include practical ideas regarding period products and how to support your young person to carry out their own personal care.

Brook are a national charity, working as part of Buckinghamshire's Integrated Sexual Health and Wellbeing Service.

For more information scan the QR code.



Tuesday 19 November
6pm to 7pm



Elmhurst
Family Centre

Get in touch

01296 383 293
aylesburyfamilyhub@buckinghamshire.gov.uk

brook



SCAN ME



Have a great weekend.

Bradley Taylor, Principal

Stocklake Park School, Stocklake, Aylesbury, Buckinghamshire, HP20 1DP