



PARENT BULLETIN | 13TH DECEMBER, 2024

SCHOOL NEWS

WEEKLY BEHAVIOUR TIPS

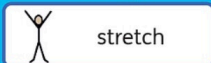
ZONES OF REGULATION

In school we use 'Zones of Regulation' to help children to learn about emotions. Talk to your OT or Class Teacher for more information about how the zones of regulation can support your child. Children learn best in the green zone where they are calm, happy and feeling safe. For some children they need the help and support of sensory strategies to help them stay, or get back to the green zone. Visit the following link for more information on this – <https://zonesofregulation.com/>

BLUE ZONE



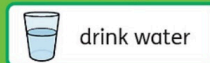
I can try...



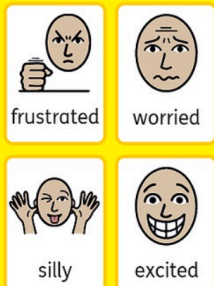
GREEN ZONE



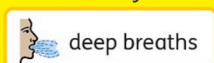
I can try...



YELLOW ZONE



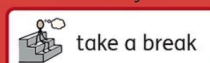
I can try...



RED ZONE



I can try...



MESSAGE FROM HEAD OF SCHOOL

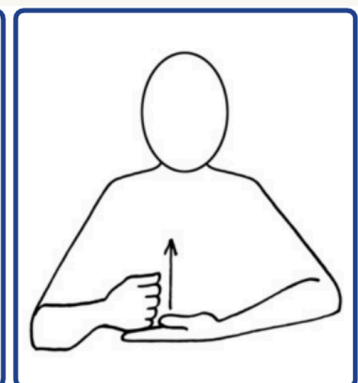
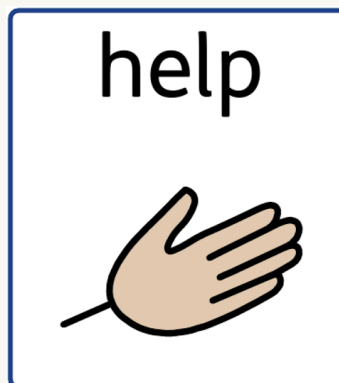
I am saddened to have needed to close classes over the past week due to extreme staff shortages. This is absolutely a last resort and not a decision that I ever want to make. In order to minimise the impact on any one student, we have tried to rotate this across classes with class closures of one day so that we can share our experienced staff amongst classes along with the agency staff that we have secured. This is a temporary measure while we have a number of staff who have been signed off ill on top of our vacancies and seasonal illnesses.

It was lovely to see some of you over the past few weeks at the Christmas Fayres. I have been blown away by your generous donations for items made by our students. Thank you.

Rhonda Gosney

SIGNS OF THE WEEK

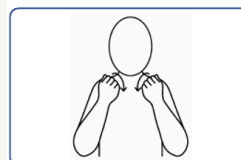
Core Word



Additional Words

coat

shoes





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RSE TOP TIPS

Relationships & Sex Education

Public and Private

It is important to help your child learn what is appropriate for public and what should be kept private.

Some children don't like to wear clothes at home. Whilst this can be accepted in the home when children are younger, it can become difficult as soon as there are visitors to the home or when children get older. It is important to ensure that children are dressed appropriately to protect their modesty and keep their bodies private from early on so that it doesn't become routine and therefore harder to change.

If your child has a favoured style of clothing or a favoured colour, use this to create a 'home outfit' that they can go to. The message should be that when we are at home we wear our 'home outfit' to keep our bodies private.

If your child's bedroom is a private space then this could be somewhere they choose to go if they need to have time without their clothes on.

PARENTS NEEDED:

AUTISM RESEARCH STUDY

Hello, my name is Charlotte Roche and I am currently undertaking a research project on Autism, which will be written up as a Doctoral Thesis Report. The research project is a qualitative interview study, aiming to understand how parents of autistic young people experience the process of their child transitioning from Child and Adolescent Mental Health Services (CAMHS) to Adult Mental Health Services (AMHS). Existing research highlights that autistic young adults are more likely to fall in the gap between CAMHS and AMHS, possibly contributing to increased caregiver burden for parents who may play a role in providing increased emotional support for their child when they are not offered therapeutic support.

For this study, I am hoping to recruit at least eight participants to take part in one remote interview lasting for approximately one hour.

This study has been granted ethical approval by Royal Holloway University. If you would like to participate, my contact details are on the flyer.

Many Thanks
Charlotte Roche

RESEARCH PARTICIPANTS NEEDED

Are you a parent of an autistic young adult who has experience of transitioning from child to adult mental health services?



Researcher: charlotte.roche.2022@live.rhul.ac.uk
Research Supervisor: lauren.bryan@rhul.ac.uk

I would like to invite you to take part in my research project, which aims to understand how parents of autistic young adults experience the process of their child transitioning from child and adolescent mental health services (CAMHS) to adult mental health services (AMHS).

Inclusion Criteria:

- Being a parent of at least one autistic young adult.
- The young adult has begun, attempted or completed the transition directly from CAMHS to AMHS within the last 10 years.
- The young adult must have a formal diagnosis of autism.
- Living in England.

Participation involves attending a remote interview for approximately one hour. You will be reimbursed for your time with a £10 Amazon voucher.

If you are interested in taking part, please contact me via charlotte.roche.2022@live.rhul.ac.uk. I would be very pleased to provide you with more detailed information.

Ethical Approval Reference ID: 304
Ethical Approval Date: 25/03/2024



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ADDITIONAL INFORMATION



SWIMMING SESSIONS

EXCLUSIVELY FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS & DISABILITIES

- Neil's SEND Swim School provides swimming sessions exclusively for children with SEND.
- Our teachers are trained, qualified and experienced in working with children with SEND.
- We hire whole swimming pools just for our SEND children so its private and peaceful.

CONTACT US FOR DETAILS

WE HAVE WEEKLY SEND SWIMMING SESSIONS:
Aylesbury – Coming Soon

CALL OR MESSAGE 07427240156
WWW.NEILSSWIMSCHOOL4ALL.CO.UK

SCHOOL CALENDAR



Thursday 19th December
Royal Latin School – Christmas Santa Visit

Friday 20th December
Last day of Term – Christmas Holidays

Wednesday 8th January
Students return to school



Have a great weekend.

Bradley Taylor, Principal
Stocklake Park School, Stocklake, Aylesbury, Buckinghamshire, HP20 1DP