

Got Any Question?

01530 832926

hello@enrych.org.uk

Employability Service

Are you living with a disability, neurodiversity or poor mental health and looking for a job? You're in the right place! We offer employability support tailored to your specific needs. Whether it be figuring out the right career path for you or collaborating with employers to facilitate inductions and training in your new role

Our course includes:

- Initial Meet
- Confidence / Motivation Building
- Skills Assessment
- Personal Goals and Plan Of Action
- CV Writing
- Interview Skills Preparation
- Work Experience



For more details and to book a timeslot please contact us today. We want to help you on your employment journey!

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Benefits Support

Need support with benefits applications or are you finding it difficult to navigate the complex benefits system? We're here to support you!

What We Offer:

- **Expert Guidance:** Clear advice on eligibility and application requirements.
- **Form Assistance:** Help filling out forms correctly and gathering required documents.
- **Appeals Support:** Assistance with challenging decisions if needed.

Who Can We Help?

- Disabled Individuals
- Neurodiverse individuals
- Those living with poor mental health

Let's make benefits applications stress-free together! Get in touch and let us guide you through the process!



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Course Structure

Initial Meeting: In-person or Online - Discover the tailored support you need with our free initial consultation. Together, we'll determine the best way to help you achieve your career goals.

Step-by-Step Guidance to Get Job-Ready:

- 1. Confidence and Motivation Session** - Boost your self-belief and get motivated to achieve your dreams.
- 2. Finding Skills Session** - Explore your unique abilities and hidden strengths.
- 3. Discover Careers That Match Your Skills** - Identify the jobs that align with what you do best.
- 4. Set Achievable Goals** - Create a clear action plan for your career path.
- 5. CV Writing Workshop** - Craft a standout CV that showcases your talents.
- 6. Interview Preparation** - Learn how to answer questions and leave a lasting impression.
- 7. Practice Interview** - Gain confidence in a friendly, hands-on office setting.



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Course

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Case Study

Rebecca's Journey to Confidence and New Opportunities

Rebecca has been a dedicated volunteer at Headway for eight years, consistently making a positive impact in her community. Her recent involvement with Enrych's Employability Programme has been transformative, helping her build confidence and explore new opportunities.

Rebecca started attending the Enrych's Boccia group on Thursdays and quickly found it so enjoyable and beneficial that she added the Tuesday group to her schedule. These sessions have played a crucial role in boosting her self-assurance and expanding her social connections. In addition to Boccia, Rebecca has begun volunteering at Heather St John's Football Club on match days. This role has allowed her to develop her interpersonal skills and gain hands-on experience in a dynamic and supportive environment.

Rebecca's journey doesn't stop at volunteering. She has actively started applying for paid roles, showcasing her drive to translate her skills into employment. A significant milestone awaits her in January, when she will enrol in a two-day hospitality course at Meadow Barn View. This exciting opportunity is a stepping stone toward achieving her professional goals and broadening her horizons.

Through her participation in Enrych's Employability Programme, Rebecca has shown remarkable growth. Her willingness to engage in new experiences, coupled with her commitment to self-improvement, demonstrates the program's success in empowering individuals to achieve their potential.

Rebecca's journey is an inspiring example of how tailored support, inclusive activities, and a focus on employability can help individuals unlock new opportunities and achieve personal growth.



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Meet The Support Service Team



"I am passionate about creating equal opportunities and helping individuals unlock their true potential to pursue the careers they aspire to, empowering them to live more independently. Watching people grow in confidence and achieve their goals is incredibly rewarding."

- KARL, EMPLOYABILITY LEAD.

"I just love working for Enrych and helping to support individuals to be the best version of themselves! Being part of growing their self-confidence is very rewarding indeed."

- TRACEY, EMPLOYABILITY COACH



"As a neurodivergent individual, I advocate for a better working world – a world where all people can thrive and be a part of a harmonious workplace. As an employability coach, I aim to empower others to find fulfilling work and live purposeful lives, whether through paid or voluntary roles."

- SAM, EMPLOYABILITY COACH



WHAT IS ENRYCH?

Enrych is a mental health and disability charity promoting living with purpose, based in Leicestershire. Originally set up in 1986 by Leonard Cheshire and Sue Ryder we have been supporting people to unlock their full potential for over 35 years.

What We Offer?

- One to One Support Service
- Employability Support Programme
- Job Coaching
- Award Winning Community Activities and Events



JOIN OUR COMMUNITY

Contact Us
01530 832926



Boost Your Productivity with

ENRYCH ELEVATE APP!

We're creating a groundbreaking career profiling app designed specifically for disabled and neurodiverse individuals! Celebrating individuality, our app is built for those who find traditional career profiling tools less effective. It offers personalised employability support, uniquely tailored to meet the needs of each individual.


But we need your help to make it a reality! We're aiming to raise £20'000 to bring this vital project to life.


Features:


- ✓ Adaptive Profiling
- ✓ Multimodal Communication
- ✓ Accessibility Workshops
- ✓ Inclusive Employer Directory
- ✓ & much more!

FUNDRAISING NOW 



 www.enrych.org.uk

 01530 832-926

 Marlene Reid Centre, LE67 3PH



THE
MARLENE
REID
CENTRE


ENRYCH

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Feel —————
Good Café

Step into a world of warmth and inclusivity at our Feel Good Café, where every cup of tea and conversation is a celebration of inclusivity. Nestled in the heart of the community, our café is a sanctuary designed to embrace individuals from all walks of life. Whether you're seeking a space to unwind, connect, or find solace, the Feel Good Café is your haven.

**Attend for only £1.50 and enjoy
refillable tea, coffee and cake.**

**Join us every
Tuesday at the
Marlene Reid
Centre, 9:30am -
12:30pm.**



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Boccia ——— & Multisport

Calling all game enthusiasts! Get ready to join our award winning group, get active, make new friends, and experience the ultimate joy of sports, tailored just for you.

Boccia is a delightful game, a lot like lawn bowls but indoors! It's perfect for all ages, genders and abilities to enjoy. It's a game that welcomes everyone, whether you're a seasoned pro or a first-timer eager to learn the ropes.

Join us every
Tuesday, for only £3,
at Ashby Leisure
Centre & Lido,
Ashby-de-la-Zouch
LE65 1HU, 12:30-
2:30pm

Join us every
Thursday, for only
£3, at the Whitwick
& Coalville Leisure
Centre, 11:30am -
1:30pm

