

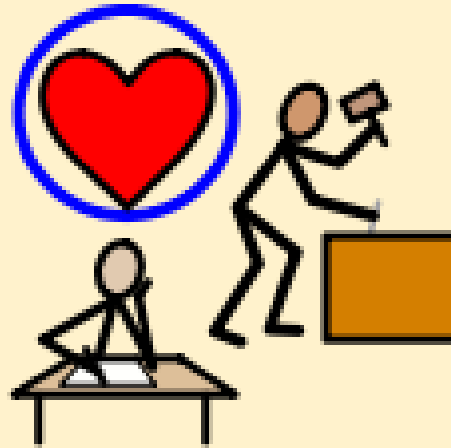


My Future

-



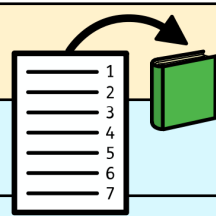
What's next for me?



Careers



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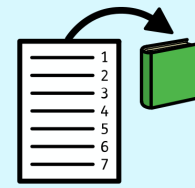
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What do we mean by Careers?



Careers isn't just about getting a job.

Your career is your journey through life. This might include having a paid job, but it might not. It's about finding ways to spend your time that are positive and meaningful for you, and being able to be part of your community. It's about having learning skills to support you throughout your adult life.

Careers education is about being aware of yourself, making choices that effect you and support you with your next steps with confidence. It also means having the information about all the possible options you could take so you can make the right choices for you.

Careers learning is an important part of our curriculum. At Stocklake Park we support you to aim high and be as independent as possible, so you can have a happy and fulfilling life in the future.



The Gatsby Benchmarks tell us what good careers education looks like, so we work towards achieving them. Find out more in our Careers Policy.

What do we mean by Preparation for Adulthood?

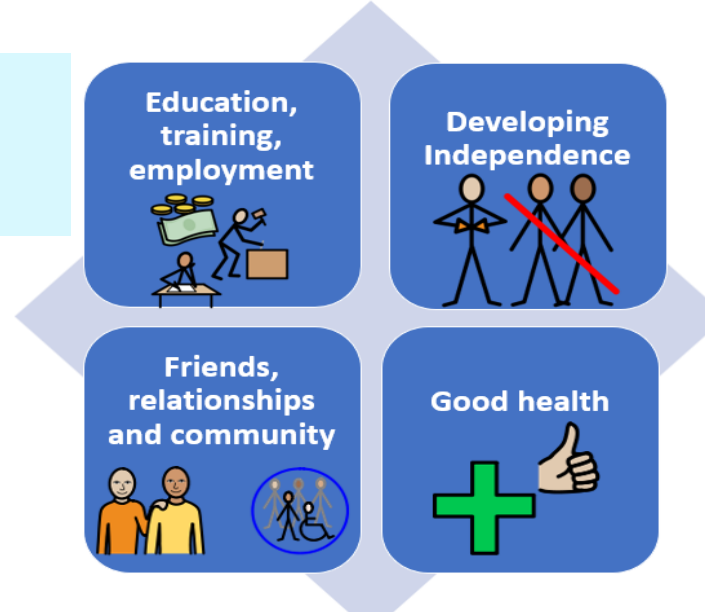
Preparation for Adulthood aims to help you be able to live as independently as possible when you are an adult and achieve your full potential.

Before you leave school, we want you to feel confident and ready, so we will start talking about these four key themes from Year 9 onwards in your annual review meetings, PSHE lessons and cross curricular learning. From the moment you join our school, we are helping prepare you to be happy, successful and independent in the future.

Local councils provide information and events to help you with Preparing for Adulthood too. See these links for Buckinghamshire:

<https://familyinfo.buckinghamshire.gov.uk/send/preparing-adulthood/transition-guide>

Here are links to national resources on Preparing for Adulthood:



<https://www.ndti.org.uk/resources/preparing-for-adulthood-all-tools-resources>



<https://councilfordisabledchildren.org.uk/resources-0/preparing-adulthood>

What are the different routes I could take after leaving School?



Full time study

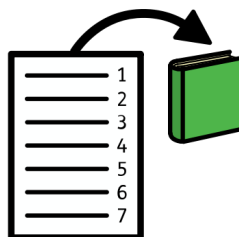
study and work

work or volunteering

social care

Click below for a useful summary of the different options from the Careers and Enterprise Company:
<https://resources.careersandenterprise.co.uk/sites/default/files/2021-04/1450-MSMF-Poster1-A3-V3.pdf>
There are lots of resources to help parents have conversations with their children about future options here:
<https://www.talkingfutures.org.uk/>

The Department for Education's Skills for Careers page also has lots of information, including explanations of all the training options:
<https://www.skillsforcareers.education.gov.uk/pages/young-people>



What could work be like?

Supported Enterprise

Own Business

College Course

Pre-Apprenticeships
Pre-supported internships
Supported Work Experience

Traineeship
Supported Internship

Inclusive Apprenticeship
Supported Employment

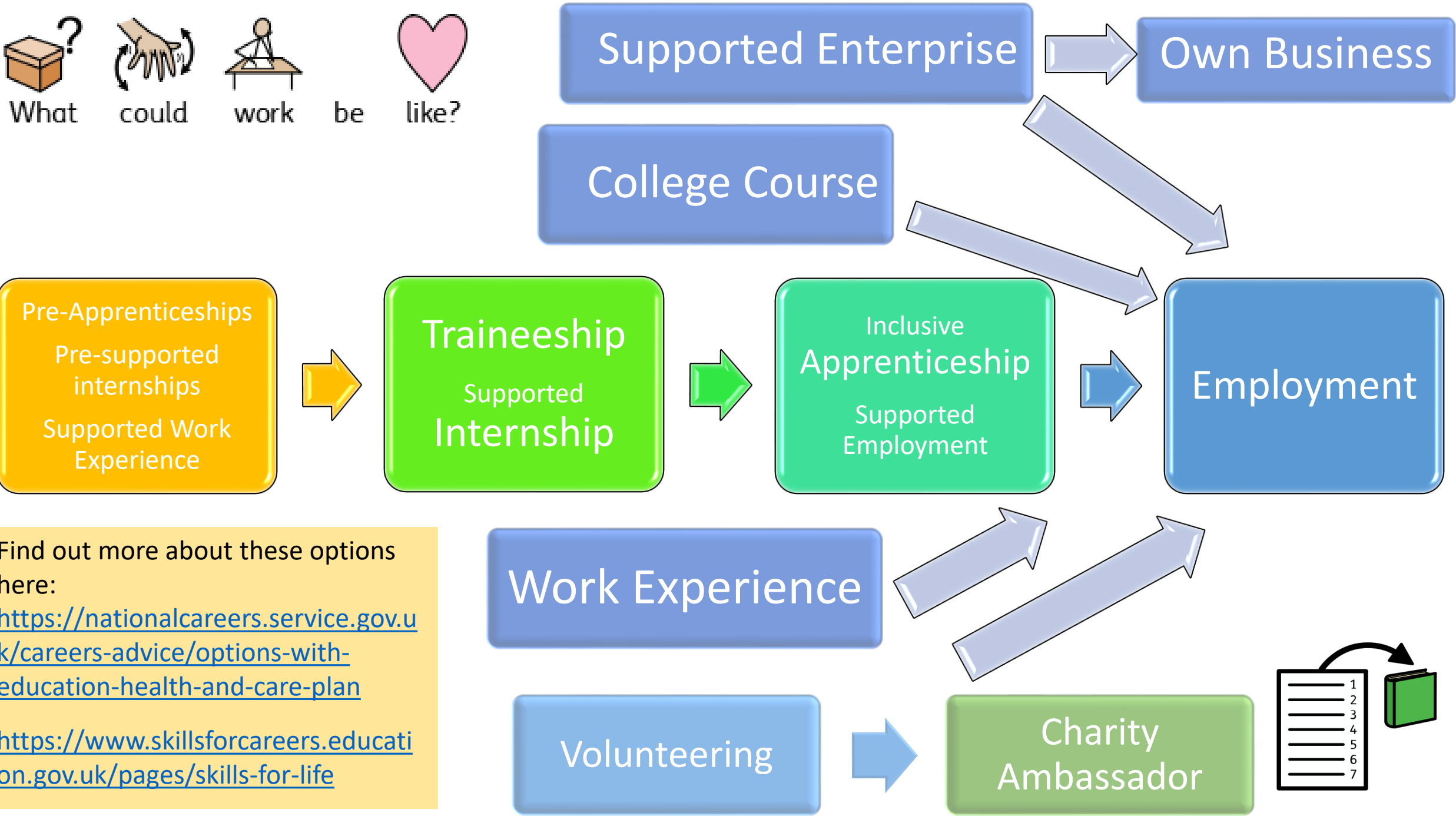
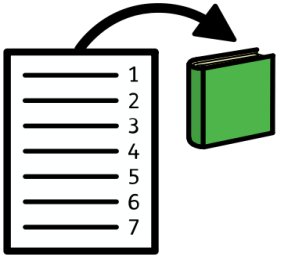
Employment

Work Experience

Volunteering

Charity Ambassador

Find out more about these options here:
<https://nationalcareers.service.gov.uk/careers-advice/options-with-education-health-and-care-plan>
<https://www.skillsforcareers.education.gov.uk/pages/skills-for-life>



Where can I find information about different jobs?



LMI Labour Market Information can tell you what jobs are likely to be available and how much you might earn.

Try this website which has these two great tools:
https://www.lmiforall.org.uk/explore_lmi/

Careerometer can be used to explore and compare key information about occupations, help you learn about different occupations and identify careers

Skillsometer can help suggest possible jobs that might suit your skills and interests.

Search for LMI on jobs, search by your values or take a quiz with **Careerpilot**.

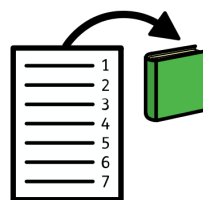
<https://www.careerpilot.org.uk/job-sectors>

Explore different jobs and pathways at **icould**, which includes video stories from people in lots of different careers.

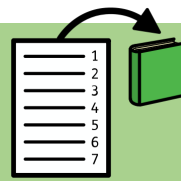
- <https://icould.com/explore>
- <https://icould.com/>

The **National Careers Service** has interactive questionnaires and lots of information.

- <https://nationalcareers.service.gov.uk/explore-careers>



Further Education



Further Education includes study you do after leaving school at 16 or 18.

There are courses and apprenticeships at all levels.

There are lots of Further Education courses at colleges. These can make up three days a week. You could combine it with part-time work or other activities. Courses can be on school subjects (academic) or linked to careers (vocational / technical).

Level 3	A-levels, T-levels, advanced apprenticeships
Level 2	GCSEs at grades 4-9, intermediate apprenticeship Level 2 Functional skills
Level 1	GCSEs at grades 1-3, Level 1 Essential Skills / Functional Skills
Entry Levels 1-3	Entry 3 is highest; Entry 1 may focus more generally on personal progress, Skills for Life
Pre – Entry	Focus on Skills for Life – range of moderation programmes

Personalised Foundation
+ and Life Skills courses

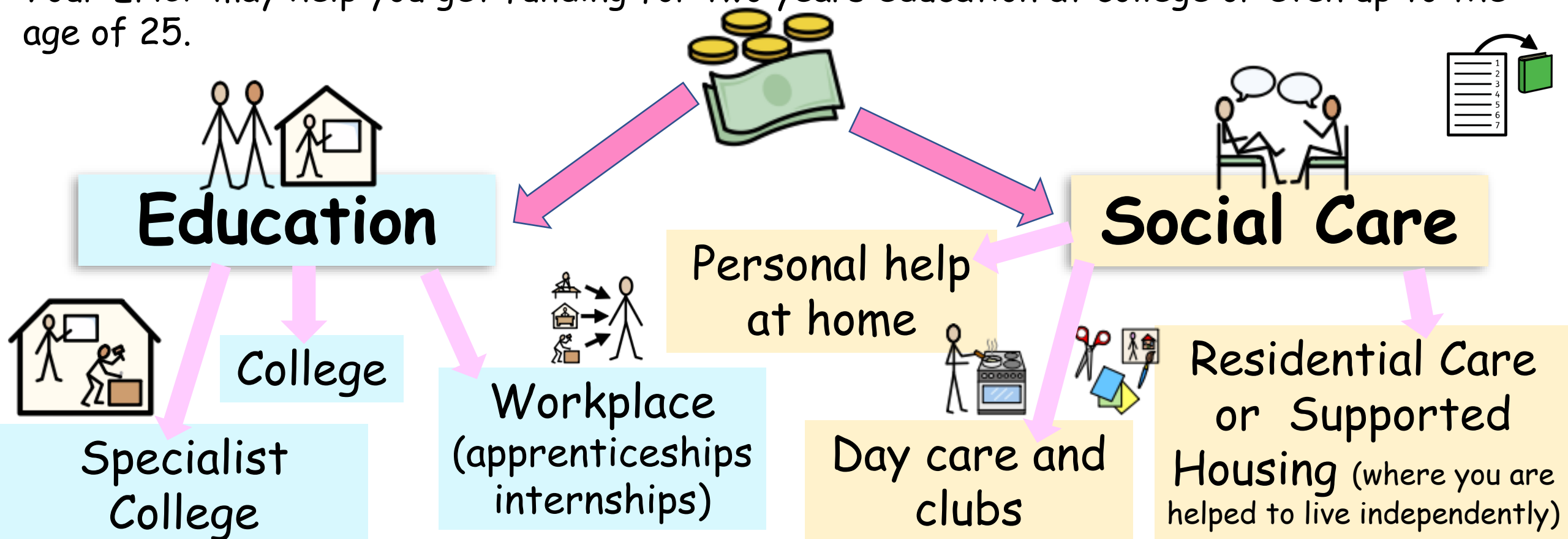
Academic qualifications
like GCSEs

Vocational courses, technical qualifications that are linked to particular industries or jobs like engineering, animal care, hairdressing, catering, plumbing, construction, or industries.

Apprenticeships where you learn partly in college but mostly in a workplace

What different kinds of places could I go to after School?

There are two types of funding you might use to pay for things you do after leaving school: **Education**, for learning and qualifications, and **Social Care**, which is there to support people with disabilities in their daily lives. You might be able to use both types of funding. Example: going to college three days a week and to a social care provider two days a week. Your EHCP may help you get funding for two years education at college or even up to the age of 25.





Bucks College Group



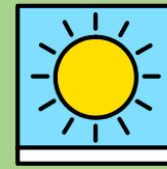
<https://www.buckscollegegrup.ac.uk/> or
<https://www.buckscollegegrup.ac.uk/inclusive-practice>

Bucks College group have 3 campuses - Aylesbury, High Wycombe and Amersham

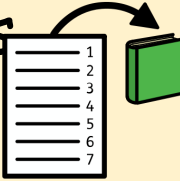


Bucks College Group offer three pathways where the study programme is personalised to support each individual aspiration. Students can follow the Independent Pathway, Supported Employment Pathway or Progression Pathway

Specialist Colleges



Specialist colleges offer education for young people with SEND. They may focus on a particular area like art, drama or animal care or offer a wide range of options



Some of these colleges are residential so you can live there while you study.

Oaklands College



Oaklands College offers a range of specialist courses from Pre - Entry to Entry level 2. It is set in 300 acres of farmland, salon, equestrian centre and sports zone.
<https://www.oaklands.ac.uk/study/life-send/>

SENSE College



SENSE college group has a range of campuses. Most Sense College classes and activities take place in Sense centres. These are specially designed, accessible buildings with lots of sensory equipment.

<https://www.sense.org.uk/our-services/education-and-work/sense-college/locations-and-contact/>

These are just some examples of specialist colleges and links to find out more. You can also go to the school office to collect information. You can ask us to help you contact and visit specialist colleges.

Workplaces: Supported Internships and Apprenticeships



- A supported internship is for 16-24 year olds.
- It can last between 6 and 12 months.
- You spend most of the time at a workplace doing a job, and the rest of the time at a school or college. You learn work based skills that you can use in the future.
- Your job coach will help you.



<https://talkback-uk.com/supported-internships>

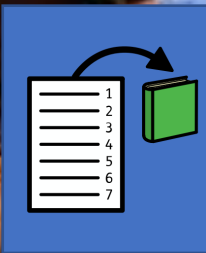
<https://stonydean.bucks.sch.uk/supported-internship/>

<https://www.theroc.co.uk/project-search-gullivers/>

<https://www.missionemployable.co.uk/internships.php>



Apprenticeships are offered at different levels. You usually spend 4 days a week with your employer and a day a week in college learning. You are paid and can gain a qualification.



Social Care



Sunnyside Rural Trust is a charity and social enterprise offering training and work experience. They train people with learning disabilities to acquire skills in a number of rural activities. These include beekeeping, looking after chickens, growing a wide range of plants and produce, landscaping and garden maintenance.



<https://www.sunnysideruraltrust.org.uk/>

Sees The Day



Based in the centre of Aylesbury town, they offer day opportunities to adults with a learning disability. The team aim is to create opportunities for personal development in Social and work based activities.

<https://bbf.uk.com/member-directory/sees-the-day-ltd>



<https://careadvice.buckinghamshire.gov.uk/information-and-advice/contact-us/>

Click for more information about social care advice.



Making the most of leisure time

Trying new skills, games, activities and enrichment gives you the chance to build your confidence, try out new things to see what you enjoy!

There are so many sports to try from powered wheelchair football, wheelchair basketball and tennis, to ice-skating, to horse-riding to cycling to Boccia.

There are national charities to promote inclusive sport.
<https://www.wheelpower.org.uk/>



Want to meet people, chill, chat and try new things?

There are youth clubs and holiday clubs.

Look at the clubs and social events run by the charities Whizz Kidz, CP Teens UK and Mencap, using the links below.

<https://www.whizz-kidz.org.uk/social-activities/>

<https://www.cpteensuk.org/>

<https://www.mencap.org.uk>

You might just want to get out and about in your local community. If you need help making a journey on public transport, you could apply for travel training.



Every council will have a local offer on their website, which you can use to find activities you might like to try. It is especially for anyone up to the age of 25 with a special need or disability.

<https://familyinfo.buckinghamshire.gov.uk/send/>



What if I would need help to be able to work?



Good news! There's lots of support that you can get to help you do a job.

Access to Work

- This is a way to get money from the government to pay for things that you would need to be able to do a job.
- This could be used for things like travel, equipment, support with communication or perhaps even a PA.
- Find out more here:
<https://assets.publishing.service.gov.uk/media/641b17fa8fa8f547c9a6d794/easy-read-access-to-work.pdf>
<https://www.gov.uk/access-to-work>

Disability Employment Adviser

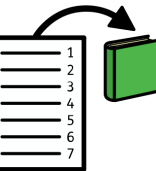
You can ask for a DEA to help you if you have a disability and want to get a job. Contact a job centre to find one.

They can help you with

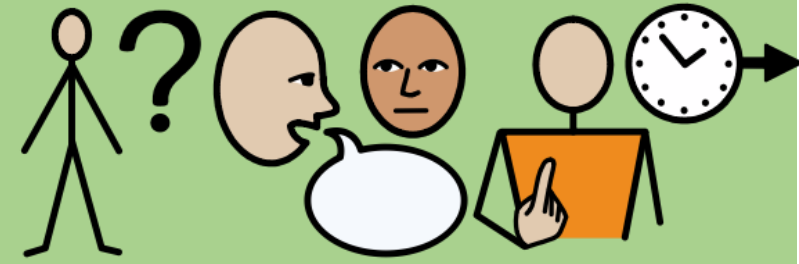
- careers advice
- finding a job
- making applications, CVs and interviews
- getting money to support you
- finding out what difficulties you might have in a workplace and coming up with solutions.

Useful links:

<https://www.sense.org.uk/information-and-advice/life-with-complex-disabilities/adult-life-and-planning-for-your-future/finding-work/>
<https://www.careerswithdisabilities.com/>



Who can I talk to about careers and preparing for my future?



Rhonda Gosney
Head Teacher



Salma Jabar
Deputy Head



Hannah Zerdzinska
Careers Leader

