



PARENT BULLETIN | 30TH JANUARY 2026

SCHOOL NEWS

STAFF UPDATE

PSHE & RSE Success

This week our staff took part in high-quality PSHE and RSE training, strengthening our whole-school approach to supporting pupils' personal development, wellbeing, and healthy relationships. It was fantastic to see such enthusiastic engagement from the team as we continue to build a curriculum that empowers our young people to thrive. We're proud of the commitment across the school to ensuring every learner receives thoughtful, inclusive, and age-appropriate guidance.



SCHOOL MEALS – REMINDER



SCHOOL MEAL ORDERING FOR NEXT HALF TERM:

A reminder that the Arbor school meals ordering window is **OPEN** to order all school meals for the next half term (Monday 23rd February to Friday 27th March 2026).

- Please access your school meals via the Arbor App or the online Arbor Portal to order your meal choice for your child's school meals
- The menu is available from our website [here](#) to view.
- Please ensure you select a meal for each date that it is required. If a school meal is not ordered, this means we will be expecting a home supplied packed lunch for that day
- You can choose any meal for any day
A reminder that the meat used in our meals is not kosher or halal
- Payment of £3.00 per meal is to be paid via the Arbor App or Portal

The meal ordering window for next half term WILL CLOSE AT 9AM ON FRIDAY 6th FEBRUARY

If you do not order school meals for your child/ren, please ensure they bring in a HOME SUPPLIED packed lunch on each day.

Please ensure any communication regarding school lunches is via Arbor or the school office. This should not be done via the home-school diaries.

If you have any questions or queries, please contact us as soon as possible.

MESSAGE FROM THE ASSISTANT HEAD

On Friday, students took part in the RSPB Big Garden Birdwatch, joining schools nationwide to celebrate and learn about birds and wildlife. Students enjoyed a range of sensory, hands-on activities, including listening to bird sounds, exploring natural materials, building nests, and creating artwork inspired by birdsong. Activities were adapted so all students could engage in a meaningful and enjoyable way. Our RSPB Big Garden Birdwatch activities supported students' preparation for adulthood by introducing them to real-world themes such as caring for animals, the environment and nature. Through practical activities like observing birds, sorting seeds and building nests, students developed important life skills including attention, communication, turn-taking and independence. The day helped students begin to understand that people have jobs and roles linked to wildlife and conservation, such as working outdoors, caring for animals and protecting the environment. These early experiences support our wider work on careers awareness, independence and community participation.



Hannah Zerdzinska
Assistant Head & Careers Lead



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SCHOOL NEWS

CALENDAR



Monday 2nd – Sunday 8th February
National Storytelling Week

Monday 6th February
School Meal Ordering Closes at 9am

Tuesday 10th February
Safer Internet Day

Friday 13th February
Chinese New Year Activities
(Chinese New Year – 17th February)

Friday 13th February
Last day of half term
Half Term Break: 16th to 20th February

Monday 23rd February
Students return to school

Tuesday 2nd – Saturday 7th March
National Careers Week

Wednesday 4th March
Holi

Thursday 5th March
World Book Day

Wednesday 11th March
Parents' Evening

Friday 13th March
Comic Relief

Monday 16th March
Sign Language Week

Tuesday 17th March
St Patrick's Day

Monday 23rd – Sunday 29th March
Shakespeare Week

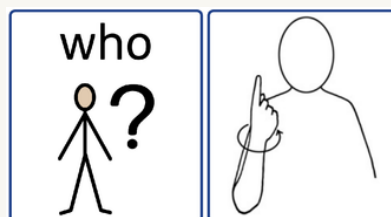
Friday 27th March
Last day of Term
Easter Break: 30th March to 10th April

Monday 13th April
INSET DAY

Tuesday 14th April
Students return to school

SIGN OF THE WEEK

Core Word



BUCKS SKILLS SHOW

The Bucks Skills Show, will be taking place later on this year at Stoke Mandeville Stadium, on **Wednesday 4th March, from 9.30am – 3pm & 4pm – 8pm**, and **Thursday 5th March from 9.30am – 3.00pm**. This year there will be no SEND Confident Futures Skills Show, all providers will be invited to Bucks Skills show instead.

BUCKS SKILLS SHOW 2026



Find your future career...

Looking for career inspiration, career pathways or a career change?
Meet with over 100 exhibitors at the Bucks Skills Show, Buckinghamshire's most exciting skills and careers event for people of all ages at Stoke Mandeville Stadium.

Wed 4th March 2026

Time: 4pm – 8pm
Price: Free
Location: Stoke Mandeville Stadium
Guttmann Road
Aylesbury, HP21 9PP

Learn more here

BucksSkillsHub.org/the-skills-show

Why attend?

- Meet and be inspired by employers looking to find future talent.
- Find out about the career pathways for key industry sectors.
- Speak with Universities, Colleges, and Apprenticeship providers who can help to identify your best next steps.



Book here



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SCHOOL NEWS

USEFUL INFORMATION



Free Parenting Programmes

Our parenting programmes will help you develop new and existing parenting skills, offer advice and build your confidence as a parent.

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Buckinghamshire



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LITTLE TALKERS

18 months to 3 years old

- Focuses on children's speech, language and communication skills and how parents can promote them
- Designed by Buckinghamshire Speech and Language Therapy

PARENT PUZZLE

0 to 5 years old

- Understand challenges and how to address them
- How to support your child's growth for calmer parenting

TALKING TEENS

11 to 18 years old

- Focuses on relationships within the family, communication, negotiating, decision-making and strategies to reduce conflict
- Learn more about teenagers and their needs

THE NURTURING PROGRAMME

3 to 11 years old

- Help deal with the challenges that come with parenting
- Think about what we do, why we do it and how it makes us feel

BALANCEABILITY

2.5 to 5 years old

- Accredited learn to cycle programme
- Develops confidence, spatial awareness, dynamic balance, and how to ride without stabilisers

KEEPING YOUR CHILD IN MIND

All ages

- Work together in ways that support growing children and a calmer family life
- Explore the conflict between parents/carers both in a current or previous relationship

01296 383293
familyinfo@buckinghamshire.gov.uk



Free Youth and Children's Courses

Our free online and in-person courses help children and young people understand and manage their emotions better, so they can handle life's changes more easily.

Proud to be part of
Family Hub Network
Buckinghamshire



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WELLBEING MATTERS (7-11 YEAR OLDS)

- Helps children develop emotional awareness through using the Five Ways to Wellbeing in a creative way.
- Introduces practical tools to help build emotional resilience.

HOW TO BUILD CONFIDENCE AND SELF-ESTEEM

11-19 YEAR OLDS (UP TO 25 WITH SEND)

- Explore ways to increase confidence and self-esteem.
- How to deal with peer pressure and setbacks.
- Explores how the online world affects self-esteem.

HOW TO COPE WITH STRESS, ANXIETY AND LOW MOOD

11-19 YEAR OLDS (UP TO 25 WITH SEND)

- Introduces creative strategies to feel better and to deal with setbacks.
- Helps young people plan for a brighter future.

MOVING UP TO SECONDARY SCHOOL FOR YEAR 6'S

- Explores what to expect at secondary school.
- Learn skills to make friends, deal with peer pressure and address any worries about the move.
- Practical tips about getting organised.

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Have a great weekend.

Bradley Taylor, Principal
Stocklake Park School, Stocklake, Aylesbury, Buckinghamshire, HP20 1DP